

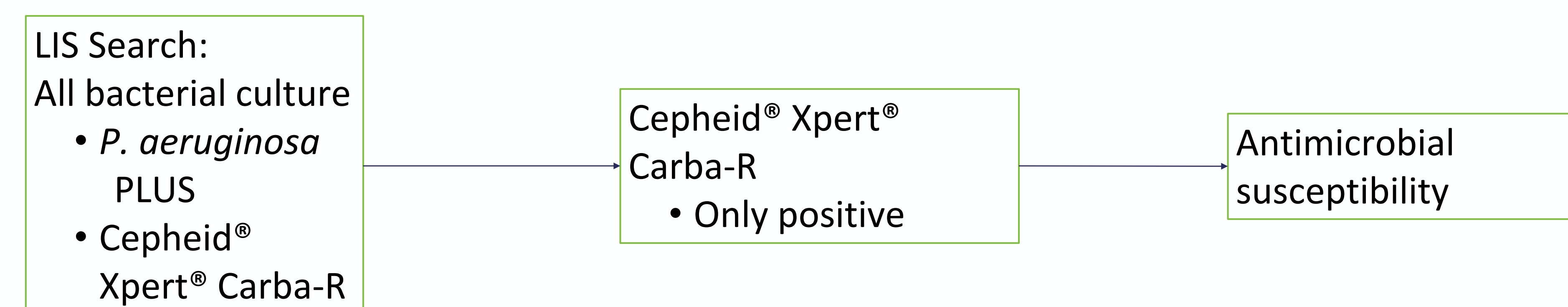
# *bla*VIM Carrying *Pseudomonas aeruginosa*. The Antimicrobial Resistance Nightmare with Few Therapeutic Options.

Jose Alexander, MD; Daniel Navas, MLS; Angela Charles, MLS, Wanda Merced, MLS

AdventHealth Orlando  
Jose.alexander@adventhealth.com

## Background

*Pseudomonas aeruginosa* has become a global threatening pathogen. Besides its adaptability on expressing multiple intrinsic resistance mechanisms conferring resistance against broad spectrum antimicrobials, its capability for acquiring others, especially  $\beta$ -lactamases, create a more challenging therapeutic scenario. The acquisition of metallo- $\beta$ -lactamases (MBL) with the lack of clinically available MBL inhibitors, encourage us to better track and understand the performance of our current available antimicrobials and for developing a prompt and optimized treatment plan, guided by rapid molecular diagnostic. In this abstract we present the susceptibility pattern of multiple antimicrobials in MBL producing *P. aeruginosa* and the antimicrobials with the best in-vitro performance against this organism.



Workflow 1. Data collection.

## Methods

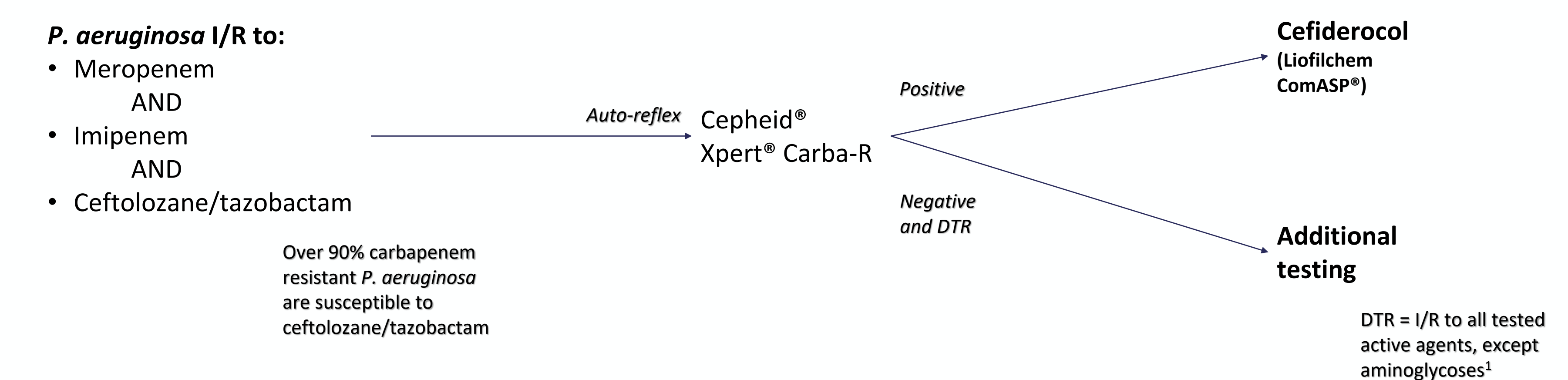
MBL-carrying *P. aeruginosa* detected from clinical samples at AdventHealth Orlando from 2019 to 2023 were mined from the laboratory information system (LIS). *bla*VIM was the only MBL gene detected by PCR (Cepheid® Xpert® Carba-R) in these isolates. Susceptibility testing for multiple agents were performed using Vitek®2 AST-GN801 card (bioMérieux) and broth microdilution for cefiderocol (Liofilchem ComASP®). Breakpoints from the 2023 CLSI M100 document were used.



Image. Liofilchem® Cefiderocol ComASP®

## Results

A total of 24 *bla*VIM-producing *P. aeruginosa* (from 858 analyzed) were obtained from the LIS. All isolates were non-susceptible (NS) to the following  $\beta$ -lactams: piperacillin/tazobactam (P/T), imipenem (IMP), meropenem (MPM) and ceftolozane tazobactam (C/T). 58% (n=14) of isolates were non-susceptible to aztreonam (AZT), 88% (n=21) to cefepime and 92% (n=22) to ceftazidime. All isolates were also NS to ciprofloxacin, levofloxacin, and tobramycin. All isolates were susceptible to cefiderocol (CFD) and amikacin (AMK). Although *bla*VIM typically confers resistance to almost all clinically available  $\beta$ -lactams, not all of them were resistant in these isolates. P/T, IMP, MPM and C/T resistance demonstrated to be the best indicators for the presence of carbapenemases, including MBL and their combination may be of use for guiding rapid PCR testing.



Workflow 2. Testing algorithm for PCR in *P. aeruginosa*

## Conclusion

Based on this data, it is recommended that in patients with suspicious of *bla*VIM-carrying *P. aeruginosa* or when detected by rapid PCR prior susceptibility testing, CFD and AMK should be initiated as a rapid and appropriate therapy, if clinically or therapeutically indicated, until confirmation by susceptibility testing is available.

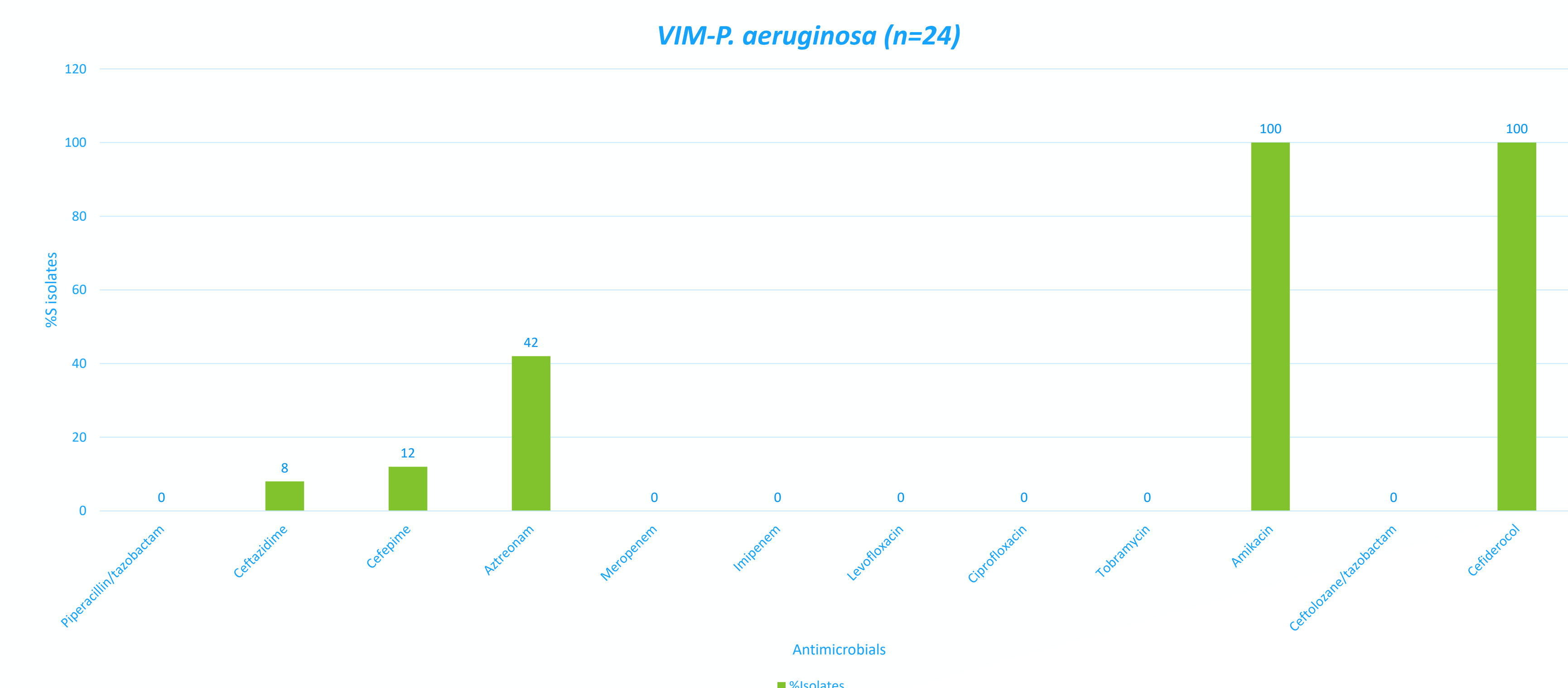


Table. In-vitro antimicrobial activity in VIM-carrying *P. aeruginosa*